


Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
08:10 – 08:55 AquaEarlyBird		08:15 – 09:00 AquaBBP	08:15 – 09:00 AquaEarlyBird	08:10 – 08:55 AquaEarlyBird	
09:00 – 09:45 09:45 – 10:30 10:30 – 11:15 11:15 – 12:00 AquaBabys	09:00 – 09:45 09:45 – 10:30 10:30 – 11:15 11:15 – 12:00 AquaBabys	09:00 – 09:45 AquaNatal Prénatal 10:00 – 10:45 AquaFitMix	09:00 – 09:45 AquaRückenfit 09:45 – 10:30 10:30 – 11:15 11:15 – 12:00 AquaBabys	09:00 – 09:45 09:45 – 10:30 10:30 – 11:15 AquaBabys 12:00 – 13:00 Reha-Zentrum HESS	09:00 – 09:45 09:45 – 10:30 10:30 – 11:15 11:15 – 12:00 AquaBabys/BabyFrogs 12:00 – 12:45 AquaFrogs/Crocs
Pause	Pause	Pause	Pause	Pause	
			14:00 – 14:45 AquaSharks 5+	14:00 – 14:45 AquaAgil	12:45 – 13:30 AquaFrogs/Crocs
		14:45 – 15:30 AquaFrogs	14:45 – 15:30 AquaFrogs	14:45 – 15:30 AquaAgil	13:30 – 14:15 AquaSharks 5+
15:30 – 16:15 AquaSharks in Action		15:30 – 16:15 AquaSharks 5+	15:30 – 16:15 AquaSharks	15:30 – 16:15 AquaSharks 5+	<i>Kindergeburtstag nach Vereinbarung Tel: 07951-9648111 info@aquanett.de</i> 
16:15 – 17:00 AquaSharks 5+		16:15 – 17:00 AquaSharks 5+	16:15 – 17:00 AquaSharks 5+	16:15 – 17:00 AquaSharks 5+	
17:00 – 17:45 AquaSharks in Action	17:00 – 17:45 AquaNatal Prénatal	17:30 – 18:15 AquaNatal Prénatal	17:00 – 17:45 AquaSharks 5+	17:00 – 17:45 AquaFrogs/Crocs	
17:45 – 18:30 AquaPowerMix	17:45 – 18:30 AquaNatal Prénatal	18:15 – 19:00 AquaNatal Prénatal	17:45 – 18:30 AquaFitMix	17:45 – 18:30 AquaFrogs/Crocs	
18:30 – 19:15 AquaBBP	18:30 – 19:15 AquaNatal Postnatal	19:00 – 19:45 AquaIntervall	18:30 – 19:15 AquaNatal Postnatal	18:30 – 19:15 AquaFatburner	
19:15 – 20:00 AquaFitMix	19:15 – 20:00 AquaPowerMix	19:45 – 20:30 AquaPowerMix	19:15 – 20:00 AquaFitMix	19:15 – 20:00 AquaMen only	
20:00 – 20:45 AquaNatal Postnatal			20:00 – 20:45 AquaFitMix		